



FAIRTRADE
WATFORD &
THREE RIVERS

FAIRTRADE LUNCH

MARCH 13th 2025 | 12:00 PM

£ 15/
Person





West Herts College, Hempstead Road, Watford - WD17 3EZ



FAIRTRADE
WATFORD &
THREE RIVERS



To Start



Leek and Potato Soup  

Or


Caesar Salad made with a fresh egg dressing



Chef's Main Courses

Roasted Chicken Breast Served on a bed of cashew and  
Spinach pesto Spaghetti with roasted vine cherry tomatoes

or


Grilled Aubergine Served on a bed of cashew and 
Spinach pesto Spaghetti with roasted vine cherry tomatoes

or

Baked Tilapia served with a light curried mango sauce
on a bed of Jasmine rice and pickled vegetables



Sides

Coffee and Walnut sponge with Crème Fraiche 

or


Individual Banoffee pies


Tea or Filter Coffee




To book : 01923 812464

reservations@westherts.ac.uk

 Suitable for Vegetarians

 Gluten Free

 Dishes are prepared in areas where they may come into contact with nuts.

West Herts 
College