



FAIRTRADE
WATFORD &
THREE RIVERS

FAIRTRADE LUNCH

MARCH 13th 2025 | 12:00 PM

£ 15/
Person



West Herts College, Hempstead Road, Watford - WD17 3EZ



FAIRTRADE
WATFORD &
THREE RIVERS



To Start



Leek and Potato Soup *

Or

Caesar Salad made with a fresh egg dressing



Chef's Main Courses



Roasted Chicken Breast or grilled Aubergine *

Served on a bed of cashew and Spinach pesto Spaghetti
with roasted vine cherry tomatoes 'n'

Or

Baked Tilapia served with a light curried mango sauce *
on a bed of Jasmine rice and pickled vegetables



Sides



Coffee and Walnut sponge with Crème Fraiche * *

Or

Individual Banoffee pies *

Tea or Filter Coffee



13th Mar'25



12:00pm

To book : 01923 812464

reservations@westherts.ac.uk

* Suitable for Vegetarians

Gluten Free

* Dishes are prepared in areas where they may come into contact with nuts.

West Herts
College